

# Ryaku Bon Temae

## 略盆点前

### *Booklet 1*

# A Tea Ceremony on a Tray



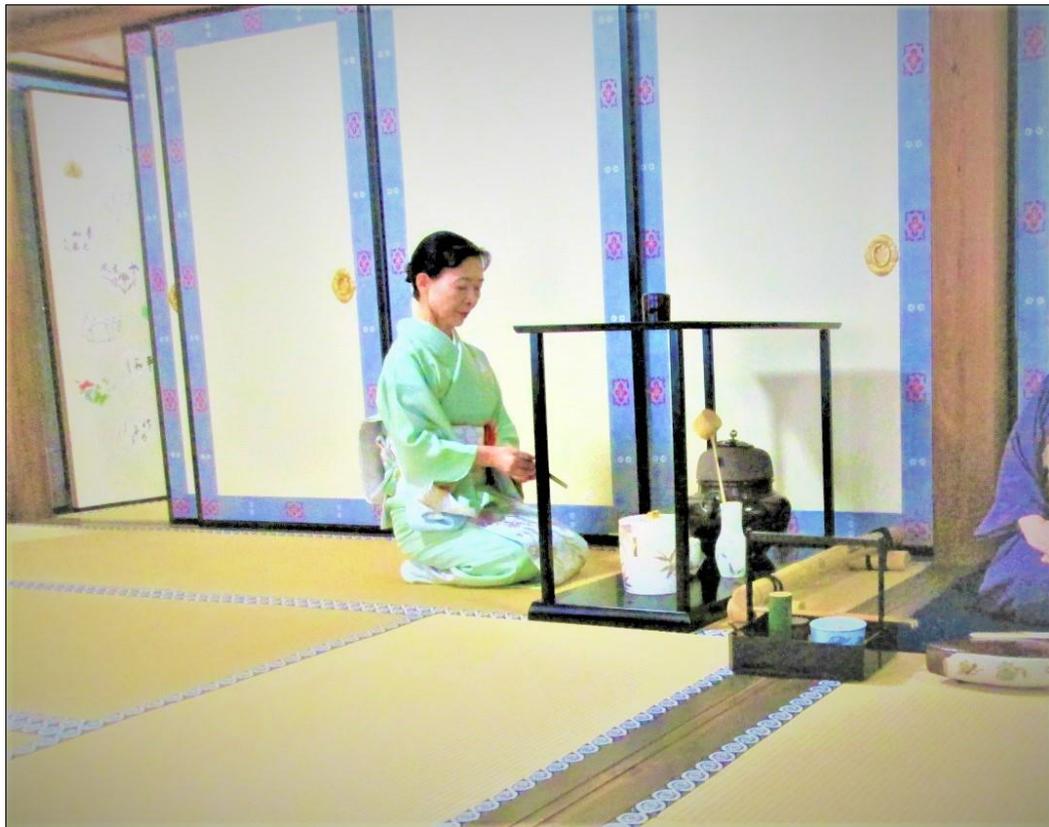
# Konnichiwa! こんにちは! Welcome!

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This booklet is the first in a series about the Tea Ceremony. It will help you prepare and enjoy your very own Tea Ceremony at home on a tray.

I hope you like it.

*Yayoi*



# 1. Utensils

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There are a number of utensils used in the Tea Ceremony



Chashaku 茶杓 - Tea scoop



Chasen 茶筌 - Tea whisk



Chawan 茶碗 - Tea bowl



Chaki 茶器 - Tea caddy



Chakin 茶巾 - White linen cloth

Different schools use different size cloths:

Mushakouji-Senke - 11.5 cm wide by 30cm long

Omote-Senke and Ura-Senke - 15cm wide by 30cm long



Kensui 建水 - Rinse water bowl

A bowl into which the discarded water is poured after it is used.



Hot Water Jug



## 2. Prepare the Utensils

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Collect all the items you will need for the Tea Ceremony and carry them to the place where you will perform the ceremony.



Arrange each item neatly on and around the tray.



### 3. Purify the Utensils

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If you can, try to ensure that your time will be uninterrupted. This will help you relax and enjoy it fully.

Use the Fukusa silk cloth to purify the tea caddy and the tea scoop by gently wiping each one.



## 4. Make the Tea

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1. Pour a little hot water into the tea bowl.
2. Place the whisk in the water in the bowl and slowly rotate it a little, then remove it and check for broken or missing bristles. Repeat this three times until the whole whisk has been warmed and checked.
3. Gently roll the water around the bowl to warm it up.
4. Discard the water into the rinse water bowl and use the white linen cloth to dry the tea bowl.
5. Use the scoop to put approx. 1-2g of matcha tea (use more or less according to your taste) in the tea bowl.
6. Pour approx. 70ml of water, temperature 75°C to 85°C, into the tea bowl.
7. Use the whisk to gently mix and froth the tea.
8. Place the whisk to one side, standing it on its end to avoid damaging the bristles.
9. Relax and enjoy your tea! Drink it in at least three sips – this shows that you are enjoying it.



***Next, in Booklet 2, 'Greeting'***